



Be a FAN For Your Church's Health

Want to help your congregation become healthier?

FREE ENROLLMENT IS OPEN NOW?

*Faith, Activity, and Nutrition (FAN) training is **available online** through Health Ministries Association (HMA).

FAN has helped more than 400 churches become stronger in health.

This effective program is included in the National Cancer Institute's Evidence-Based Cancer Control Programs.

The FAN Online Training includes 8 engaging lessons. You'll also receive **free resources** to support members in preventing chronic disease and improving health outcomes.

“Physical activity is so important for our mental and emotional health right now.” – FAN Coordinator

Learn more about FAN!

Visit <https://prevention.sph.sc.edu/fan-training/> to learn more.



“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.”

III John 1:2 (NKJV)

*FAN is offered by HMA through a CDC grant awarded to the University of South Carolina Prevention Research Center (U48DP006401).

FAN supports churches to:

- **increase opportunities for physical activity and healthy eating,**
- **create guidelines for physical activity and healthy eating,**
- **engage church leaders in FAN goals and support their health, and**
- **share health messages with members.**

CONTACT HMA
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FAN4HMA@gmail.com