



# Be a FAN for Your Church's Health!

## FAN supports churches to:

- increase opportunities for physical activity and healthy eating,
- create guidelines for physical activity and healthy eating,
- engage church leaders in FAN goals and support their health, and
- share health messages with members.

**Want to help your congregation become healthier?**

**FREE ENROLLMENT IS OPEN NOW!**

\*Faith, Activity, and Nutrition (FAN) training is now **available online**.

FAN has helped more than 200 churches become stronger in health.

This effective program is included in the National Cancer Institute's Research Tested Intervention Programs.

FAN Online Training includes 8 engaging lessons. You'll also receive **free resources** to support members in preventing chronic disease and improving health outcomes.

“FAN is a beautiful gift that is being offered to faith communities.” –*Reverend Kathy James*

## Sign up for FAN Today!

Visit [prevention.sph.sc.edu/projects/fantraining.htm](http://prevention.sph.sc.edu/projects/fantraining.htm) to learn more.



*“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.”  
III John 1:2 (NKJV)*

## CONTACT US



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877-971-5259

\*FAN is offered through a research study at the University of South Carolina Prevention Research Center. Participation is open to churches in the U.S.